

LIVING A SPIRIT-LED LIFE

Romans 8:3-11

THE BIG IDEA: We please God by living life in the Spirit, rather than trying to please God by living in our own strength and abilities.

KEY VERSE(S):

“For those who live according to the flesh have their minds set on the things of the flesh, but those who live according to the Spirit have their minds set on the things of the Spirit.” (Romans 8:5)

- Attempting to live life in our own wisdom, strength, and abilities will ultimately lead to an extremely frustrated and disappointing life.
- What you set your mind on will ultimately determine your lifestyle.

A MIND SET ON THE FLESH LEADS TO:

SPIRITUAL DEATH

- *“Now the mind-set of the flesh is death.” (Romans 8:6a)*
- Spiritual death in this life leads to a life filled with darkness and a lack of purpose.

SPIRITUAL DISCONNECTION

- *“The mind-set of the flesh is hostile to God.” (Romans 8:7a)*
- Living a life to satisfy our own sinful desires creates a barrier between you and God that can only be reconciled through repentance.
- *“Those who are in the flesh cannot please God.” (Romans 8:8)*
- Pleasing God is rooted in living out His plans through His Spirit.

A MIND SET ON THE SPIRIT LEADS TO:

ABUNDANT LIFE ON EARTH

- *“...the mind-set of the Spirit is life...” (Romans 8:6)*
- We don't have to wait until we get to Heaven to experience the abundant life Jesus spoke of; He has given us access to the abundant life now.

ETERNAL LIFE IN HEAVEN

- *“And if the Spirit of him who raised Jesus from the dead lives in you, then he who raised Christ from the dead will*

also bring your mortal bodies to life through his Spirit who lives in you.” (Romans 8:11)

- The glorious hope of our resurrection is reinforced through the Holy Spirit's presence in our lives.

AMAZING PEACE IN OUR LIVES

- *“...the mind-set of the Spirit is...peace.” (Romans 8:6)*
- Living a Spirit-led life carries with the promise of peace from the Prince of Peace.

CONNECT GROUP DISCUSSION

Ice Breaker: What is the one thing you are most thankful for in life?

Start Thinking:

- What do you learn about God from Romans 8:3-11?
- What does the Bible mean when it refers to “flesh” in regard to *how* we live?
- How would you describe “Life in the Spirit” to someone?

Digging Deeper:

- What does it mean to walk/live in spiritual death?
- Why does it seem to be a common struggle to live life in the Spirit rather than doing things our way?
- What are some of the most common areas you/we tend to “live according to the flesh” today?
- What are some specific things you can do to “live a Spirit-led” life?
- What is your big takeaway from this message?